



BETTER-B Newsletter Issue 8, December 2022

CONTINUED RECRUITMENT UNTIL END OF DECEMBER 2022

Well done to all the teams on your recruitment progress, please keep going!

As we approach the end of the year, we are also approaching the end of the BETTER-B recruitment period, which is due on 31st Dec 2022. As of now, we have recruited 200 patients and 66 caregivers into the trial and are pushing hard to try and recruit as many participants as possible before the trial closes. Please do follow up with any individual who has expressed an interest in the study. We all get a real boost every time a participant is recruited into the trial.

After the recruitment deadline has been reached, our next priority will be completing follow-up assessments with patients and caregivers, particularly the day 56 assessment. Please do help with this. Interviews are also being undertaken to understand participant's experiences of taking mirtazapine and participating in the trial.

SITES IN ROME AND GDANSK RECRUIT PARTICIPANTS

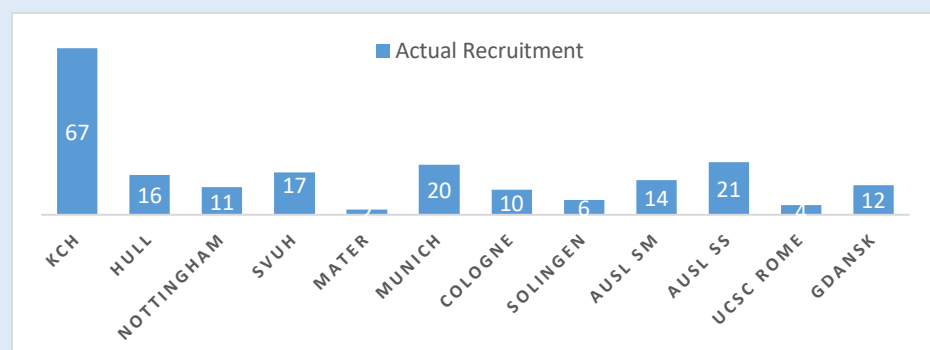
We are delighted to inform you that our sites in Rome (Università Cattolica Del Sacro Cuore) and Gdansk (Gdański Uniwersytet Medyczny) have recruited 4 and 12 patients, respectively, into the BETTER-B programme.

Regarding Gdansk's recruitment progress, Prof. Ewa Jassem (Gdansk) had the following statement to share:

"We were almost the last centre to open the recruitment of patients in the BETTER-B study. I am happy to inform you that we have included 12 patients in the study in two months, and we still have more patients undergoing screening."

RECRUITMENT NUMBERS OVERVIEW

We are delighted that despite the challenges faced with Covid-19, we have recruited 200 patients and 66 caregivers as of the 23rd of Dec 2022.



DISSEMINATION

The KCL team presented a poster on the challenges of carrying out the BETTER-B trial during Brexit and the Covid-19 pandemic at the Dyspnea conference in Oxford Brookes University in Aug 2022. The European Lung Foundation (ELF) have launched a google campaign for the trial and also advertised it on social media. It is gaining a lot of attention.

THE BETTER-B TEAM WISHES YOU HAPPY HOLIDAYS AND A HAPPY NEW YEAR!

For more information please contact better-b@kcl.ac.uk or visit our website betterbreathe.eu.

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